



DYNAMIC DONOVAN'S SUPER FLAP!
by childbook.ai





Once upon a time, there was a lively little boy named Donovan. Donovan was like a rocket, always zooming around, jumping, and playing with endless energy. Whether he was pretending to be a superhero or racing his friends at recess, Donovan's excitement couldn't be contained!

Whenever Donovan felt super excited or when things got a bit too big, he'd start flapping his hands—like he was ready to take off and fly. His hands would go up, down, and all around, like little wings. His friends sometimes scratched their heads and wondered, “Why does Donovan flap his hands so much?”

But Donovan didn't mind at all. To him, flapping was his special way of showing the world just how happy and full of energy he was!



One sunny day, Donovan bounced into school feeling extra full of energy. His teacher, Ms. Carter, was teaching the class all about different emotions. Donovan's excitement bubbled up like a fizzy soda, and soon, he started flapping his hands faster than ever—zoom, zoom, flap, flap!

Some kids giggled, not sure what to make of it. But Ms. Carter, with a kind smile, said, "Everyone shows their feelings in their own special way."

Then, with a twinkle in her eye, Ms. Carter introduced a fun new game called Superhero Breathing! She said, "Even superheroes need to calm down sometimes, and this game will show you how to do it!"



Ms. Carter showed the class how to take deep, slow breaths, just like superheroes getting ready for their next mission. Donovan stood tall, puffed out his chest, and tried it. As he breathed in and out, he felt like a superhero himself, ready to save the day!

He learned that when his energy felt too big,

taking slow, deep breaths could help him feel calmer. Donovan still loved flapping his hands—it was part of who he was! But now, he had a special tool for when things got a little too much.

His friends thought it was so cool that they all joined in, practicing their superhero breaths together. The classroom filled with quiet “whoosh” sounds as everyone powered up their super-calm powers.



Donovan realized something amazing—everyone had their own special way of showing feelings! He felt proud of his super flap and even prouder of his new superhero breathing skills. His friends now understood that Donovan’s flapping was just part of who he was, and they learned to appreciate his unique way of showing excitement.

The best part? They all realized that differences weren't just okay—they were something to celebrate! Donovan knew he had a superpower, and that superpower was simply being himself.